

# The Use of Over-The-Counter Medications to Facilitate Sexual Assault

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**REFERENCE:** Jenkins AJ, Stillwell ME: The use of over-the-counter medications to facilitate sexual assault; *Forensic Sci Rev* 22:75; 2010.

**ABSTRACT:** Over-the-counter drugs are medications that are available without the requirement of a prescription. They are considered relatively safe and well-tolerated when taken in accordance with the dosing instructions on the package label. However, when taken alone or in combination with other drugs, they possess pharmacological properties that have the potential to facilitate sexual assault. This chapter reviews the chemistry and pharmacology of these drugs. Additionally, a brief overview of analytical methodology is presented.

**KEY WORDS:** “Date-rape” drugs, drug-facilitated sexual assault, over-the-counter drugs, toxicology

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